

Quick Decision Checklist

Clearly defined pain point.

Shortlisted 2–3 options only.

Trialed briefly (1-week max).





- (to avoid analysis paralysis)
- Identified your must-have criteria.
  - Look into the privacy, security, and transparency info.
- Chosen based on real-world experience, not theory.
- Committed fully to your choice for at least one month.

